

St Catherine's At Home Morning Prayer

All are welcome to join our community as we say these words together should we have to self-isolate, Monday to Friday at 10.00 am, knowing that other members of St Catherine's will be saying them at the same time, including Rev Gill Rowell.

Saying these words aloud may help to alleviate loneliness and fear, and bring God's comfort at a time of stress. If you have internet access, we are hoping you will be able to watch the service livestreamed daily via the Internet (links on our Website), and you can use these words to join in.

In the name of the Father,
And of the Son,
And of the Holy Spirit.
Amen.

Opening sentence

**One thing I have asked of the Lord,
This is what I seek:
That I may dwell in the house of the Lord
All the days of my life;
To behold the beauty of the Lord
And to seek Him in His temple.**

*Silence to welcome God's Holy Spirit to refresh and refuel you.
We gather our scattered thoughts and present ourselves to
God, to have his way amongst us.*

Holy Spirit, we welcome you.

Holy Spirit, we welcome you.

O God, make speed to save us.

O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;

Hold not your peace at my tears.

Jesus, like a mother you gather your people to you;
You are gentle with us as a mother with her children.
Despair turns to hope through your sweet goodness;
Through your gentleness we find comfort in fear.
Your warmth gives life to the dead
Your touch makes sinners righteous.
Lord Jesus, in your mercy heal us;
In your love and tenderness remake us.
In your compassion bring grace and forgiveness,
For the beauty of heaven may your love prepare us.
(Anselm, 1109)

Declaration of faith

**To whom shall we go?
You have the words of eternal life,
And we have believed and come to know
That you are the Holy One of God.**

**Praise to you, Lord Jesus Christ,
King of endless glory.**

Lord, take away the sin that corrupts us;
Give us the sorrow that heals
And the joy that praises
And restore by grace your own image within us,
So that we may take our place among your people;
In Jesus Christ our Lord.

We sit quietly in God's presence to behold him.

Gospel reading and thought for the day – or if you have no internet access, turn to your own daily Bible readings.

If you'd like some direction, choose one reading each day from: John 14:1-14; 2 Corinthians 4:1-12; 1 Corinthians 13:1-12, Ephesians 3:14-20, Luke 10:1-12.

Read the passage slowly twice, and see where your attention lingers.

We pray for others –

- for those we know and love,
- those we don't know but love in Jesus' name,
- and those we don't love at all.

The Lord's Prayer

Our Father in heaven

Hallowed be your name

Your kingdom come

Your will be done

On earth as in heaven.

Give us our daily bread

And forgive us our sins

As we forgive those who sin against us

And lead us not into temptation

But deliver us from evil

For the kingdom, the power, and the glory

Are yours

Now and forever

Amen.

Canticle of St Patrick

**Christ as a light
Illumine and guide me.
Christ as a shield
Overshadow me.
Christ under me;
Christ over me;
Christ beside me
On my left and my right.
This day be within and without me,
Lowly and meek, yet all powerful.
Be in the heart of each to whom I speak;
In the mouth of each who speaks unto me.
This day be within and without me,
Lowly and meek, yet all-powerful.
Christ as a light;
Christ as a shield;
Christ beside me
On my left and my right.**

Let the beauty of the Lord our God be upon us.

We pause in silence.

And now we say the Grace, praying God's blessing on us at this difficult time:

**May the grace of the Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with us all.**